**The Belmore News**

Wednesday 29th August 2012

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**Dates to Remember**

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<tr>
<td>Thursday 30th August</td>
<td>Darebin Art Performance</td>
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<td>&quot;</td>
<td>Fathers Day Stall</td>
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<tr>
<td>Friday 31st August</td>
<td>Fathers Day Breakfast 8am</td>
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<td>&quot;</td>
<td>Scout Raffle Books to be returned</td>
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<td><strong>Wednesday 5th Sept</strong></td>
<td><strong>Stop Work Most Classes Effected</strong></td>
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<td>Monday 10th Sept</td>
<td>Bonnie, Visiting Hairdresser</td>
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<td>Tuesday 11th Sept</td>
<td>Whole School Sports Day</td>
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<td>Thursday 13th Sept</td>
<td>School Council Meets</td>
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<td>Tuesday 18th Sept</td>
<td>Belmore School’s 50th Birthday</td>
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<td>Friday 21st September</td>
<td>Early Finish, End of Term 3</td>
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**Fathers Day Stall Tomorrow from 10.30am**

The FOB Father’s Day Stall will be held on **Thursday 30 August**

If anyone is able to assist on the day please email **sharonfazzino@y7mail.com**

**Nurse Ali Says…**

To start I must apologise for my error in the newsletter last time, where I insinuated that washing hands spread infection. This was clearly missing the word **PREVENTS**. My message was letting everyone know that hand hygiene/hand washing is the single most important strategy in preventing the spread of infections. Everyone should do hand hygiene whether at home, in hospital or in the community.

The sun is shining and the weather is edging on towards spring. With this in mind remember to send a coat or warm jumper into school with your children as it is the perfect time to be getting some of those vital sun rays for our Vitamin D supplies. At this time of year we can be in the sun at morning tea or lunch without sunscreen and give our bodies the opportunity to absorb some Vitamin D from the sun. Vitamin D is vital for healthy bones something all of our students require. When the sun shines we all seem to smile a bit more too.

... keep happy and healthy, Ali
FROM THE ASSISTANT PRINCIPAL’S DESK...

Opening Ceremony

Today has seen the culmination of all the rehearsals each class has been doing under the guidance of Howard, our fantastic dance therapist. Each week has seen the items develop and be refined as Howard captured the abilities of each and every one of the students.

This year the theme was around countries we all saw represented at the Olympics, so the music, dance, costumes and makeup reflected 8 countries – Kenya, Spain, China, Australia, Japan, India, USA, and England.

We had a special visit by the Queen and Prince Phillip, played by Jayde and Joshua Steer from Room 8 as the Grand Finale. Some of the sports portrayed were bull-fighting, Japanese martial arts, surfing and soccer. We even watched the building of the Great Wall of China!

Howard even planned the audience participation, with a show bag full of items for each scene – bells, Hawaiian leis, flowers to throw and soccer balls going everywhere.

I can’t thank Howard and the staff enough for all of the hard work. Our students were so excited, and performed their roles beyond our highest expectations.

See next weeks newsletter for some great photos of todays event

Other work happening this week is that related to Literacy and Numeracy Week.

Penny has organised so many activities for each class to take part in each day this week, from competitions, to story reading and writing.

When you visit, check out the 6 word stories displayed in the senior corridor. Lunch-time story reading in the Music Room has been a highlight. Thank you, Penny.

We’ve also had Staff Well-being Week, to acknowledge the amazing hard work of each staff member. Activities such as shared lunches, including an Indian lunch have been popular. And although we hold no formal meetings during this week, that time has allowed staff time to plan and prepare their class programs instead of having to do that in their own time at home.

Thank you to our dedicated staff at Belmore; I think all families would agree that their child has exceptional programs to improve learning outcomes.

Some reminders:

The 50th Birthday celebration is coming up, staff have been working behind the scenes to make this a special celebration.

Wednesday 5th Curriculum day was cancelled, as for the first time ever, a large number of teachers and ESs will be stopping work.

Jan Welsh

[ for Joan, who is on leave this week]
For Literacy and Numeracy week, Room 3 chose 'Friendship and Courage' for their theme. The students work together to learn new skills and explore learning concepts. They display courage every day by trying new things like putting their face in the water and floating. The students in Room 3 try their hardest all the time to achieve their learning goals.
Junior Student Award

This certificate is awarded to

Abbey T

for

Her efforts in RDA. Abbey enjoys her horse riding program, and has made great improvement in her sitting balance and holding herself upright.

Senior Student Award

This certificate is awarded to

Megan C

for

Working hard to achieve all her swimming goals.
You are cordially invited to the 50th Birthday Celebration of Belmore School on Tuesday September 18th 2012

From 10:30am with a Plaque Unveiling Ceremony

Meet up with old friends
Share photos and memories

Finger food lunch provided

RSVP to Belmore School
belmore.sch@edumail.vic.gov.au
by Monday 3rd September 2012
THANK YOU

Jed’s fundraising update...

Thanks to Jed (Room 3) and his amazing network of supporters fundraising efforts, the school has been able to purchase a Brookfield chair (as modelled by Elliott.)

The students of Belmore School say thank you very much.

THERAPY CORNER

Will you need Equipment for home during school holidays?

If you require any of your child’s school equipment to be sent home for the term break please inform your classroom teacher as soon as possible.

It is not always possible to have equipment sent home on the bus on the last day of term.

Thanks.

Please let your Therapist know by Monday 14th September if you would like equipment to come home for the holidays.
Every year during Speech Pathology Week, activities are held to raise awareness of communication needs and other areas that speech pathologists support. This year, teaching and therapy staff gamely learnt the signs to select their favourite toppings at our cupcake morning tea. A big thank you to the classes that submitted a speech bubble entry to the ‘The Great Australian Communication Story 2012’. Staff and students used pictures and simple words to show what communication means to them, and what it’s like to have difficulty communicating their story. All entries will be posted to Speech Pathology Australia on 14th September to be a part of the national communication story. We would love parents/siblings to submit an entry.

Please see Yvonne/Grace K if you’d like to ‘Tell Your Story’
Village Cinemas Australia are bringing Sensory Friendly Films to families affected by Autism Spectrum Disorders.

Sensory Friendly Films allows families to enjoy their favourite films in a safe and accepting environment with the cinema lights turned up, and the sound turned down.

**LOCATIONS**
Airport West
Century City Walk
Fountain Gate
Knox

**TIME**
11:00am

**SYNOPSIS**

**ICE AGE 4: CONTINENTAL DRIFT**
Scrat’s nutty pursuit of the cursed acorn, which he’s been after since the dawn of time, has world-changing consequences—a continental cataclysm that triggers the greatest adventure of all for Manny, Diego and Sid. In the wake of these upheavals, Sid reunites with his cantankerous Granny, and the herd encounters a ragtag menagerie of scarring pirates determined to stop them from returning home.

**MADAGASCAR 3: EUROPE’S MOST WANTED**
Alex the Lion, Marty the Zebra, Gloria the Hippo, and Melman the Giraffe are still fighting to get home to their beloved Big Apple and of course, King Julien, Maurice and the Penguins are all along for the comedic adventure. Their journey takes them through Europe where they find the perfect cover: a travelling circus, which they reinvent—Madagascar style.

**HOTEL TRANSYLVANIA**
Welcome to the Hotel Transylvania, Dracula’s lavish five-stake resort, where monsters and their families can live it up, free from meddling from the human world. But here’s a little known fact about Dracula: he is not only the Prince of Darkness; he is also a dad. Over-protective of his teenage daughter, Mavis, Dracula fabricates tales of elaborate dangers to dissuade her adventurous spirit.
Sibling Support Program – September 2012 School Holidays

Irabina will be running a ‘Sibling Support Program’ group over the coming school holidays in September, held at Irabina in Bayswater:

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<tr>
<th>Location</th>
<th>Details</th>
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<tr>
<td>Irabina:</td>
<td>Dates:</td>
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<td>• 193 Bayswater Rd, Bayswater</td>
<td>Monday 24th September (12:30pm - 3pm)</td>
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<td>Tuesday 25th September (9:30am - 3pm)</td>
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<td>Wednesday 26th September (9:30am - 3pm)</td>
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BACKGROUND TO SIBS

Siblings of children with autism often have a range of experiences that are very different to those of their friends and peers. They may experience a range of emotional reactions, both positive and negative, and although it can sometimes be difficult for siblings of children with Autism Spectrum Disorder, many feel they have benefited greatly from the experience. Regardless, it is important to acknowledge the unique situation of these siblings, and discuss their feelings, as well as just giving them space to be themselves. Sib Support is a play-based education and support group for children who have a brother or sister with an Autism Spectrum Disorder. Its focus is on normalizing their experiences and feelings, developing supportive networks of other children who can understand what life can be like, and boosting their coping strategies for when things around them get tough.

Within the group, siblings are given the opportunity to:

- Discuss their experiences with their brother or sister with other children in a similar situation (be they good or bad)
- Talk about Autism Spectrum Disorders in a child-friendly way, and understand how it presents in their sibling, and how it impacts their family
- Discuss the talents that they have, and the ways they cope and flourish at home
- Have lots of positive attention, which builds self-esteem, by playing games, reading books, and having fun with other children who can ‘put themselves in their shoes’

GROUP STRUCTURE

- **Phase 1**: 2½ days at Irabina during a week in the school holidays (children book in for the 2½ days)
- **Phase 2**: Ongoing ‘catch up’ sessions throughout the school term where children are invited to come to Irabina for a play date with new friends, maintaining the network that was developed during the holidays.

BOOKING

- Please register your child by calling Irabina Reception by Friday 7th September, and a background information pack will be sent to you to assess your child’s eligibility for the group. All background paperwork is to be returned to Irabina by Friday 14th September. This group is not suitable for children with a diagnosis of Autism Spectrum Disorder.
- Cost: $100 for 2½ day program
- Open to: Primary-school aged siblings of a child with Autism Spectrum Disorder, between Grades 1 - 6 (it is not restricted to families currently accessing services at Irabina), who have not attended an Irabina Siblings Program previously.
  - Irabina reserves the right to cancel the holiday group if enrolment numbers are not sufficient.

For any enquiries please contact: Aggie Chan (aggiec@irabina.com) or Su-Hwei Moey (sum@irabina.com) on 9720 1118

ABN: 52 606 245 996 | W www.irabina.com | T 03 9720 1118 | E info@irabina.com | A 133 Bayswater Road, Bayswater VIC 3153

29/08/2012
Scouts Victoria is supporting our school with their ‘Our School Raffle’.
For every $2 ticket sold, Belmore School receives $1.50.
Please return your raffle books to school by 31st August. All sold and unsold tickets are required to be returned for auditing processes.
There are still some books available if you can assist in the sale of these tickets.

Fitness Fundraiser

**All Fitness levels**

- Cardio Circuit (20 min)
- Boxing (25 min)
- Stretching (10 min)

**WHEN:**
Sunday 16th September 2012.

**SESSION TIMES:**
12:15 pm 1:15 pm 2:15 pm 3:15 pm

**WHERE:**
Essex Heights Stadium, Outlook Rd, Mt Waverley

**COST:**
$20 or *(Early-bird Only $10!)*

* Early-bird cut-off Wednesday 28th Sep, 10 am
50% of all funds raised on Sep 16 go to Essex Heights P.S. to help fund fitness equipment for their students.

**CONTACT:**
Pete.manning@lynxpt.com.au
www.Lynxpt.com.au
Pete Manning- 0402 327 747

Boxing/Circuit Sessions

**All Fitness levels**

- Boxing/Circuit sessions

**WEEKLY SESSION TIMES:**
Tuesdays 7:00 am & 9:00 am  Friday 9:30 am

**WHERE:**
Essex Heights Primary School

**COST:**
$20 or Term Package $150 (10 sessions)

Syndal Sth. Primary School

**All Fitness levels**

- Running/jogging clinic

**WHEN:**
Tuesday 3:30 pm & 4:30 pm

**WHERE:**
Syndal Sth Primary School

**COST:**
$59 Full 6 week Program

**CONTACT:**
Pete.manning@lynxpt.com.au
www.Lynxpt.com.au
Pete Manning- 0402 327 747