The Belmore News

DATES TO REMEMBER

Thursday 8th December  
FOB Dinner
Tuesday 13th December  
Awards morning
Thursday 15th December  
School Council
Thursday 22nd December  
End Term 4
Buses will depart at 1.30pm

Awards Morning on Tuesday 13th December at 11.00am
This morning is always a lot of fun.
We would like to extend the celebration by inviting everyone
to share lunch with us at a barbeque after the event.

Friends of Belmore
Christmas Dinner

Everyone is welcome to an end of year dinner at
Doncaster Hotel,
cnr Doncaster Rd & Victoria St, Doncaster on
Thursday 8th December
7.30pm

RSVP: Sharon, via Benny Room 5
0424 017 760
sharonfazzino@y7mail.com
Glen Eira City Council

One step at a time — toilet training
For children with additional needs

Presented by Continence Victoria for parents and guardians and early childhood educators.

Being able to go to the toilet independently is an important life skill. You may have put off toilet training or believe that it is not possible for you to train your child because of their additional needs. If you are given the right kind of help, children with additional needs can learn to manage going to the toilet either completely on their own or with some assistance. This session will help plan the steps for you and your child to move towards being able to use the toilet independently.

Date: Thursday 8 December
Time: 7:30pm–9:30pm (7:15pm registration)
Where: Glen Eira Town Hall — Caulfield Cup Room
Corner Glen Eira and Hawthorn Roads, Caulfield
Cost: $5 per person

Places are limited. Registration and payment must be received prior to the session.
No refunds or exchanges. To book online visit www.gleneira.vic.gov.au or contact Council’s Service Centre on 9524 3333.

A Monthly Disco for People of All Abilities
Supported by Knox City Council

‘Turntable All Abilities Disco’ will be held once a month on the second Friday of each month, at the Bayswater Youth Centre, a fully accessible venue conveniently located opposite the Bayswater train station on the corner of Pine Road and Station Street, Bayswater. Disco Times are 6:30pm – 9:00pm (doors open at 6pm).

Entry is $10.00 per person with carers and support staff admitted free. The event will be assisted by volunteer access workers but people with special needs will need to be accompanied by a carer. Light refreshments will be provided.

Tickets are available for purchase at the door or they can be pre-booked. Pre-bookings and enquiries can be made by contacting either of the following people: or we can put you on our email list, contact email below.

Kathy Rooke, Dance Coordinator: (M) 0413 812 988
Gordon Jones, DJ Flash: (M) 0419 552 894 – 9762 3868
(E) DJflash@ozemail.com.au

Hope to see you there

30/11/2011
NOTICE BOARD

2011 Disability Sport & Recreation Festival

Cerebral Palsy Support Network will be exhibiting at the 2011 Disability Sport and Recreation Festival at Federation Square, Friday 2 December from 9am to 2pm.

The festival celebrates International Day of People With Disability (IDPWD). The event brings together the health, disability and sport sectors and the wider community to promote and celebrate physically active lifestyles through participation in accessible and inclusive sport and recreation.

Over 35 exhibit stalls will operate throughout the forecourt and atrium areas of Federation Square. A diverse range of interactive and information exhibits will be showcased. 20 ‘Come and Try’ sport and recreation activities will also be on display and available for the community to participate in.

So come and celebrate with us at this free interactive public event, which is open to all ages and abilities.

For more information about the Festival visit www.dsrf.org.au
**Whooping cough on the rise in 5-14 year olds**

The number of children aged 5-14 years old catching whooping cough has increased dramatically in Victoria over the last four years.

Whooping cough, also known as pertussis, is a highly infectious disease causing a severe, persistent cough. Whooping cough is spread by coughs and sneezes from an infected person.

While most children and adults eventually recover, often after weeks or months of illness and household disruption, there is a serious risk if infected people pass the disease to young babies.

Around one in every 200 babies under six months of age who catch whooping cough will die. Some babies will suffer permanent disability from brain and lung damage.

Family members, including siblings and parents, are the main source of whooping cough infection in babies.

Timely immunisation offers the best chance of preventing the spread of whooping cough. Whooping cough vaccine is provided free for children at two, four and six months, at their fourth birthday, adolescents in Year 10 of secondary school and parents of newborn babies. The two month vaccine can be given early at six weeks to start protection earlier.

Parents are urged to ensure their children are vaccinated on time and to consider their own whooping cough vaccination needs. Vaccination is recommended for all adults caring for or working with young children, including school teachers, as well as all health care workers.

Parents should talk to their doctor or nurse if they have questions about the whooping cough vaccine.

For more information search 'whooping cough' on [www.betterhealth.vic.gov.au](http://www.betterhealth.vic.gov.au)