DATES TO REMEMBER

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 Are your Contact Details Up To Date?

Just a reminder to parents/carers to return the Student Emergency Contact form, by the end of the week and the Parent Occupational Group Codes tear off. This is very important information for school funding. The forms were sent out to all parents via school bags.

Parents Support Network

“The Cerebral Palsy Support Network conducts support groups for parents of children with cerebral palsy and other physical disabilities as well as individuals with cerebral palsy. Groups will meet monthly at the Belmore School 12.30pm – 2.30pm. A simple lunch is provided.

This support group will provide opportunities for discussion with other families facing similar issues when caring for a child with Cerebral Palsy in a supported and relaxed environment.

The topic for discussion for March’s group is “Ouch, I’ve got a sore back!”, How to take care of yourself and safely transfer and move your child. Information will be available to take home.

Belmore School will also discuss their Signpost program which is a practical guide for behavior management.

For more information contact CPSN on 03 9455 7488 or email cpsn@cpsn.info or see flyer included in this newsletter.

Family Night ‘Bush Dance’ Tuesday March 6th 4.00-7.00pm

You are invited to our 6th summer family night. For $10 per family you will be treated to a BBQ, as well as a whole raft of different activities. This year we will be having a BUSH DANCE theme.

Please return reply slip and money to school via your Classroom asap

If you would like to join the distribution list to receive this Newsletter by email, please contact the office on belmore.sch@edumail.vic.gov.au.
ETR (Education Tax Refund)

Are you aware that you can now claim the students Uniforms.

What: Parents, carers, legal guardians and independent students can get half the cost of some education expenses reimbursed to them. These items include computers, educational software, textbooks and stationery.

How: You can claim the refund in your 2012 individual tax return or, for those not required to lodge a tax return, through a stand-alone claim form.

Eligibility:
- A person who is entitled to receive family tax benefit (FTB) Part A for a child undertaking primary or secondary school studies.
- A person with a child undertaking primary or secondary school studies who receives a payment for the child that stops them from receiving FTB Part A for the child.
- Independent students in primary or secondary school.

Amount: Eligible parents, guardians and independent students claim 50% of their eligible education expenses up to: $794 for each child in primary school (maximum refund $397), & $1588 for each child in secondary school (maximum refund $794)

For more information: www.educationtaxrefund.gov.au

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FAMILY NIGHT 'BUSH DANCE'

Reply Slip to be returned asap together with payment to your Classroom Teacher.

Yes, we will be attending the family night on Tuesday 6th March 4.00—7.00pm

Student's Name_____________________________

Number of Adults__________ Children __________

$10.00 per family

Special Dietary requirements _______________________________________
                                   _______________________________________

My child _______________________________________________________

Will/will not require supervision until we arrive at the school.
**Balwyn Cerebral Palsy Support Group**

**Do you have a son or daughter with Cerebral Palsy?**

**As a parent you have normal stresses and the unique challenges of Cerebral Palsy**

**Want to know more?**

During the month of March the CPSN will be presenting information on

"**How to take care of yourself and safely transfer and move your child**"

Caring for your child can involve a great deal of physical activity and this session will cover the correct ways to carry these out and how to care for yourself.

Come along learn new techniques and share your experiences with other families.

**Thursday March 22nd, 2011**

*There will also be a presentation by Belmore School on their Signpost Program*

The session is from 12.30pm to 2.30pm
Belmore School, Stroud St, Balwyn

Please RSVP by calling 03 9445 7488 or by emailing cpsn@cpsn.info

**ALL WELCOME!**
Join us for fun, hands-on activities that will get you started on your own sustainability actions at home!

Attractions include:

**WORMS NOT WASTE!** Expert advice, demonstration worm farms, digging for worms. A huge 50% discount on worm farms and worms purchased at the festival. Note: cash only, pick-up from Borroondara Transfer Station.

**BACKYARD CHOOKS** Learn what it might be like to keep your own chooks. Enter the raffle to win a Book A Chook home trial.

**THE BUZZ ABOUT BEES** See a beehive and honey harvesting in action. Learn about what's involved in backyard beekeeping.

**GROW YOUR OWN** Expert advice and demonstrations on growing your own fruit and vegetables, even in small spaces. Pick up some free seedlings and seeds.

**WILD ACTION NATIVE ANIMAL SHOWS** Meet Chris Humphrey and his amazing collection of native animals. Get 'up close and personal' with our wonderful Australian wildlife.

**BIODIVERSITY IN YOUR OWN BACKYARD** The habitat garden display is sure to inspire you, so visit the Parks and Gardens staff for their 'top tips' and some free indigenous plant seedlings.

**ELECTRIC BIKES** Check out the latest in electric bikes, and maybe take one for a (short!) test ride.

**RECYCLING AND E-WASTE** Girls and boys can have their photo taken with Sam and Rob with a side loader rubbish truck. Pick up a voucher for a free TV drop-off at the Borroondara Transfer Station.

**GOODIES FRESH FROM THE FARM** Visit all of the regular Farmers Market stalls for fresh, local and seasonal produce.

**WHERE** Borroondara Farmers Market, Patterson Reserve, Auburn Rd, Hawthorn East. WHEN Saturday 18 February 2012.

COME ALONG AND HAVE SOME FUN!

Dance Family 2012

Are you looking for a new and exciting activity where the whole family can join in?

Then Dance Family might be the program for you!

Come along and share an enjoyable social morning where you can choose how you want to participate.

Every Sunday we get together and have fun using a mix of creative movement and dance, drama, music, art and the talents of everyone involved. Our dance teacher Heather, along with volunteer helpers, encourages us to learn from each other and be confident in using our own imagination.

Mums and Dads are supported to either join the group with the kids, chat with others over coffee or have time out for their own activities.

The group meets each Sunday during school term from 10.30am to 12.00 at Bayswater Community Youth Centre, cnr Station St & Pine Rd Bayswater.

This program is suitable for children 6 years and above with any disability.

Cost will be $10 per family for each session.

If you are interested in being a part of this popular group and would like more information please contact

Rosie Dyson on 9758 7991 or liloua@k Knox.vic.gov.au OR

Jenny Galgo on 9259 4312 or psn-emr@bigpond.net.au

Proudly sponsored by

Knox City Council
Borroondara City Council
The Shopfront
FRLS
Thursday
15th March 2012
9:00 am to 4:00 pm
Doors open at 8.30am
Moonee Valley Racing Club,
Gate 1, McPherson St
MOONEE PONDS

Understanding Autism Spectrum Disorders
Sue Larkey presents
Dr. Tony Attwood &
Michelle Garnett

Tony Attwood is well known for sharing his extensive knowledge of Asperger Syndrome. He has a private practice in Brisbane and is an adjunct Professor at Griffith University in Queensland.

Tony has written many papers and two best selling books on Asperger Syndrome. He also spends a large amount of time travelling nationally and internationally to present workshops and papers. His presentations are informative and empowering.

"From my clinical experience I consider that children and adults with Asperger Syndrome have a different, not defective, way of thinking," Tony Attwood.

Michelle Garnett is a clinical psychologist and founder and Director of "Minds & Hearts: A Specialist Clinic for Asperger's Syndrome and Autism." Michelle thoroughly enjoys working in this area as a diagnostician, therapist, consultant, mentor, clinical supervisor, workshop presenter, and researcher. She has specialised in autism spectrum disorders for the past 16 years, developing expertise in all subtypes of autism across all ages. Michelle created the first screening instrument for Asperger's Syndrome, the Australian Scale for Asperger's Syndrome (ASAS) in 1993.

Don't miss world-renowned expert in Autism and Aspergers Syndrome in an informative and empowering one-day seminar!

REGISTER NOW at www.suelarkey.com.au

EARLY BIRD $150
Per person BEFORE 8th March
STANDARD $180
per person—after 8th March
Registration essential—limited places

For more information go to www.suelarkey.com
Victoria Healthcare Products
Care, Compassion and Understanding

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Website: www.vichealth.com.au
Fax: 9792 9411
FREECALL 1800 888 541
9am to 5pm
Monday to Friday

Melway Reference: 90 C12

DELIVERY ACROSS MELBOURNE AND COUNTRY VICTORIA EVERYDAY.