Family Night
‘Bush Dance’
Tuesday March
4.00-7.00pm

Parents Support Network
―The Cerebral Palsy Support Network conducts support groups for parents of children with cerebral palsy and other physical disabilities as well as individuals with cerebral palsy. Groups will meet monthly at the Belmore School 12:30pm - 2:30pm. A simple lunch is provided.

The topic for discussion for March’s group is “Ouch, I've got a sore back!”, How to take care of yourself and safely transfer and move your child. Information will be available to take home.

Belmore School will also discuss their Signpost program which is a practical guide for behaviour management.

For more information contact CPSN on 03 9455 7488 or email cpsn@cpsn.info
Medical Alert 28/02/2012  Reported case of CHICKEN POX

For parents and families to be aware. Particularly for children not immunised.
If you require any assistance or information please contact Ali; 03 9859 8762.

Oliver’s Peg

Oliver’s dad, Les, and I were talking about the difference that Oliver’s peg has made in the family’s life. Les has sent this letter in for publication in our newsletter. Joan.

Dear Joan,

Great to catch up today, as discussed re Oliver’s feeding peg

Oliver’s life and our whole family life has improved dramatically since he finally received his feeding peg. Oliver is now receiving a full compliment of nourishment, therefore he is not hungry, his bowels are working better, and he sleeps better.

Christine is now not torturing herself or Oliver trying to mouth feed, which took hours and of course not enough food taken in, but the floor, wheelchair and Chris did very well. In hindsight I wish our family doctor and the Royal Children’s Doctors had given more direction and input and this would have saved hours of grief; it was only on our numerous visits to RCH that we met many families who had the peg at a lot younger age and you could see how much better their child had developed so much faster physically and I can only assume mentally to some extent as they were well nourished.

Any families in our position should not hesitate, I hope this helps.

Regards Les

Family Night ‘Bush Dance’

This coming Tuesday March 6 4:00pm – 7:00pm

You are invited to our 6th summer family night. For $10 per family you will be treated to a BBQ, as well as a whole raft of different activities.

This year we will be having a BUSH DANCE theme.

Please return reply slip and money to school via your Classroom asap

FAMILY NIGHT ‘BUSH DANCE’

Reply Slip to be returned asap together with payment to your Classroom Teacher.

Yes, we will be attending the family night on Tuesday March 4:00pm – 7:00pm

Student’s Name_____________________________

Number of Adults__________ Children __________

$10.00 per family

Special Dietary requirements _______________________________________________________

______________________________________________________________________________

My child _______________________________________________________________________

Will/will not require supervision until we arrive at the school. 28/02/2012
Balwyn Cerebral Palsy Support Group

Do you have a son or daughter with Cerebral Palsy?

As a parent you have normal stresses and the unique challenges of Cerebral Palsy

Want to know more?

During the month of March the CPSN will be presenting information on

“How to take care of yourself and safely transfer and move your child

Caring for your child can involve a great deal of physical activity and this session will cover the correct ways to carry these out and how to care for yourself

Come along, learn new techniques and share your experiences with other families

Thursday March 22nd, 2011

There will also be a presentation by Belmore School on their Signpost Program

The session is from 12.30pm to 2.30pm
Belmore School, Stroud St, Balwyn

Please RSVP by calling 03 9445 7488 or by emailing cpsn@cpsn.info

ALL WELCOME!
Come Along and Have Some Fun!

Dance Family 2012

Are you looking for a new and exciting activity where the whole family can join in?
Then Dance Family might be the program for you!

Come along and share an enjoyable social morning where you can choose how you want to participate.

Every Sunday we get together and have fun using a mix of creative movement and dance, drama, music, art and the talents of everyone involved. Our dance teacher Heather, along with volunteer helpers, encourages us to learn from each other and be confident in using our own imagination.

Mums and Dads are supported to either join the group with the kids, chat with others over coffee or have time out for their own activities.

The group meets each Sunday during school term from 10:30am to 12:00 at Bayswater Community Youth Centre, cnr Station St & Pine Rd Bayswater.

This program is suitable for children 6 years and above with any disability.
Cost will be $10 per family for each session.

If you are interested in being a part of this popular group and would like more information please contact
Rosie Dyson on 9758 7991 or jliburra@knox.vic.gov.au OR
Jenny Salgo on 9259 4312 or psn-emr@bigpond.net.au

Proudly sponsored by

FREE ACTIVITIES just turn up

Game On
Come ‘n’ try
sport and recreational activities

Sunday 4 March
11am - 5pm
Greaves Reserve
Dandenong Showgrounds
Bennet Street, Dandenong
Metways Rd 90A7
All abilities inclusive event

For more information: 8228 6139
www.getactivegreaterdandenong.com.au
Activities may be subject to weather
Thursday
15th March 2012
9:00 am to 4:00 pm
Doors open at 8.30am
Moonee Valley Racing Club,
Gate 1, McPherson St
MOONEE PONDS

Understanding Autism Spectrum Disorders
Sue Larkey presents
Dr. Tony Attwood & Michelle Garnett

Tony Attwood is well known for sharing his extensive knowledge of Asperger Syndrome. He has a private practice in Brisbane and is an adjunct Professor at Griffith University in Queensland.

Michelle Garnett is a clinical psychologist and founder and Director of ‘Minds & Hearts: A Specialist Clinic for Asperger’s Syndrome and Autism.’ Michelle thoroughly enjoys working in this area as a diagnostician, therapist, consultant, mentor, clinical supervisor, workshop presenter, and researcher. She has specialised in autism spectrum disorders for the past 18 years, developing expertise in all subtypes of autism across all ages. Michelle created the first screening instrument for Asperger’s Syndrome, the Australian Scale for Asperger’s Syndrome (ASAS) in 1993.

“From my clinical experience I consider that children and adults with Asperger Syndrome have a different, not defective, way of thinking,” Tony Attwood.

Don’t miss world-renowned expert in Autism and Aspergers Syndrome in an informative and empowering one-day seminar!

REGISTER NOW at www.suelarkey.com.au

EARLY BIRD $150
Per person BEFORE 8th March
STANDARD $180
per person—after 8th March
Registration essential—limited places

PRESENTATION CONTENT
Dr. Tony Attwood & Michelle Garnett: Autism Spectrum Disorders—A different way of thinking, learning and managing emotions.

Content will include:
• Brief overview of the Diagnostic Criteria
• Cognitive Abilities: A Different Way of Thinking and Learning.
• Managing Challenging Behaviour
• The Emotional Tool Box—what it is and how to use
• Managing Feeling: Cognitive Behaviour Therapy and roll in providing greater strategies to manage emotions and behaviour
• Strategies to Reduce Being Bullied and Teased
• Supporting integration with peers
• Strategies to Improve Social Understanding and Friendship Skills

Sue Larkey: Welcome, Keynote Address and Closing Address

WHO SHOULD ATTEND?
Parents, family members, care staff, educators, clinicians—anyone wanting to understand more about Autism Spectrum Disorders and how to support children and adults with an ASD.

• Registration Includes morning tea and a light lunch
• A range of Sue Larkey and Tony Attwood books and resources will be available for purchase on the day

For more information go to www.suelarkey.com
Kidsflix Chadstone

Name of organisation that you received this invitation from:

I would like if available: .................Adult tickets, .....................Child/ren tickets

Of these I require ..........wheelchair space/s. Able to transfer to a theatre chair? YES/NO (please circle)

(Babies in arms do not require a ticket)

Name of parent/carer attending with children (tickets will be posted to this person):

Address: ...........................................................................................................

Suburb: .............................................. Postcode: .................... Phone: .............................................

Email address: ..................................................................................................

I give permission for my family to be photographed at Kidsflix Chadstone 2012. I understand my family may be on the Continence Foundation of Australia/Arthritis SA website, newspaper, magazine, flyer, television to promote Kidsflix.

Yes I give permission □ No I don’t give permission □ Signature____________________

Please note: Adults must accompany children at all times