The Belmore News

Wednesday 27th June 2012

Inside this issue:

Nurse Ali Says... 1
Principal's Desk 2
From the Classroom 3 & 4
Student Awards 5
Therapy Corner 6
Notice Board 7

DATES TO REMEMBER

Friday 29th June  End Term 2 (early finish -30mins)
Monday 16th July  Term 3 Commences
Wednesday 25th July  Reporting Day (Student Free)
Thursday 26th July  Support Network Meeting
                        - Respite & Funding
Monday 30th July  Bonnie — Hairdresser
Tuesday 31st July  Taiko Drums & Flutes—Toshi & Noriko
Thursday 9th August  School Council
Wednesday 5th Sept  Pupil Free Day
Thursday 13th Sept  School Council
Friday 21st September  End Term 3

Reminder for Last day of Term 2  Friday 29th June

School will conclude 1/2 hour earlier than the normal timetable.
Children who travel on the buses will be arriving home 30 mins early. Children who are collected from school will need to be collected 1/2 an hour earlier than usual.

Nurse Ali Says...

The best six doctors anywhere
And no one can deny it
Are sunshine, water, rest, and air
Exercise and diet.
These six will gladly you attend
If only you are willing
Your mind they’ll ease
Your will they’ll mend
And charge you not a shilling.

~Nursery rhyme quoted by Wayne Fields, What the River Knows, 1990

... Stay happy and healthy and enjoy the holidays.
End of Term
As you know, students will be dismissed 1/2 hour earlier on Friday afternoon, the last day of Term. Students and staff are certainly looking forward to a holiday. I hope that parents enjoy it as well. School resumes Monday 16th July.

Reporting Day
If you haven’t already done so, please make arrangements with your child’s teacher for an appointment on reporting day.

   Wednesday 25th July
This is an important opportunity to discuss your child’s individual program. The time to talk with you is highly valued by all school staff. Of course we offer child minding for our Belmore kids and their brothers and sisters—just let us know.

Term 2
This Term has been a very happy and productive one. We’ve had
- A senior and a junior fashion parade
- 2 groups going on camp
- Intensive transition meetings for 12 year olds
- Transition support for 18 year olds
- An Open Day
- Special Persons Morning Tea
- Concerts
- Signposts program for parents
- Parent support group meetings
- Disability plan focus group meeting
- Clinics — paediatrician, wheelchair, orthotics and hand splinting
- Equipment Display
Meanwhile, students have been engaged in the regular raft of highly motivating and extra programs like hydrotherapy, dance, music, gym, pmp, art, horse riding, community access, gardening.

Professional Development For Staff
On Wednesday afternoon the whole staff are having a training session on epilepsy. Our nurse, Ali, has been working with Peter Hoyle from the Epilepsy Foundation to refine the presentations they make for schools.

Parents Signposts
Would you like to better manage your child’s behaviour? There are some spots in next term’s course. Ring the office in you are interested.

Joan Anson
Room 7 has had fun participating in the Family unit theme where the students engaged in activities that highlighted responsibilities within this context. Our discussions focused on naming of specific family members.

Throughout the term we created a weekly family meal which included vegetarian noodles and used herbs that are grown in household pots and gardens. Students have selected and grown herbs from seed and follow the process of caring for plants as a family responsibility. This was also extended to tending to the garden within the school.

During this term Recycling led us to a range of activities with an aim of creating recycled items to wear as part of the senior school fashion parade. Room 7 was given the task of creating jewellery items. Some of which included reused magazines and paper pulp modelled into beads which were then threaded onto ribbon along with assorted cardboard. ICT programs to draw freestyle designs were printed and used as a colour palette.

We continue to participate in the weekly dance sessions which allows for social interaction, creative development and exploration of movement with sensory props and items, along with Howard's eclectic range of music.

More recently the students have engaged in the new Interactive Touch Screen TV to operate ICT programs. It has been lots of fun tracking the movements and sound and reaching out to make contact with the screen. This process is included in the weekly Footy Tipping, the competition hots up with classroom ladder results.

The Recycled Fashion Parade was a whole school event saw students wearing the hat and jewellery that had been created in class. This was an event that was enjoyed by the students on the catwalk.

We went to the Melbourne Museum for an end of term excursion which was great. Our sights are now on training for the Olympics and our next unit of Sport.
The who’s who of room 8

Room 8 is home to some of our senior students. Here is a quick rundown of the defining features and stand out points that make them so well known throughout our school community.

Sam ‘Media’ Mapley - Paperboy
While most students are still unpacking their bags, Sam is busy packing his bags full of newspapers. Every day without fail Sam successfully delivers to subscribers. Newspaper subscription is $12, prompt service and a smile for free!

Jayde Smith - Counsellor
Jayde is to humans as David Attenborough is to animals, her tireless study of the people around her have made her an expert on human emotion, she’s often there to care for students who are feeling blue offering a dependable shoulder to lean on.

Andrew Prentice - Negotiator
Able to sell ice to Eskimos, Andrew is a master negotiator, with a million tricks up his sleeve; Andrew can talk his way in or out of anything. A simple request like cleaning his table can lead to staff members doing juggling tricks for his own amusement.

Joshua Lenowry - Music Composer
Joshua is quite a ‘phenom’ on the piano, his exquisite auditory senses and amazing sound recognition skill enable him to recite a song from just 2 or 3 hearings! In his spare time he works on his masterpiece called a ‘song in f major’ which can often be heard throughout the senior corridor during recess breaks.

Scott Laird - Accountant
If anyone knows how to put pen to paper its Scott, during the morning class session Scott is able to maintain discipline and a hard work ethic to consistently accomplish all his paperwork at super speed. If ever you need someone to balance your books, Scott’s your man.

Joshua Steer - Detective
Always vigilant to keep a watch full eye in the class room, Josh is our resident detective. His cunning ability to spot any indiscretion has lead to countless riddles solved, and many would-be incidents averted. He is a living testament to sticky beaks everywhere.

Eliza Robbins Brown - Pop sensation
Future ‘So you think you can dance’ champion Eliza, is no stranger to razzle dazzle. Her keen fashion sense and ability to light up a dance floor has wowed onlookers for years.
Junior Student Award

This certificate is awarded to

Joshua Posumah

for

Using his voice to call people by name

Senior Student Award

This certificate is awarded to

Raymond Wood

for

Concentrating hard in CE
Listening to and following directions
Meal times — Pieces of the puzzle—towards independence

Assisting your child to be as independent as possible at meal times is an important part of the educational and therapy program at Belmore School. As we know, meal times can be incredibly motivating for many children (and adults!) and are a perfect opportunity to practise the skills of communication, social interaction, and the use of cutlery.

Cutlery skills
Developing cutlery skills can be a lengthy process. If you think about, it is a complex task that many of us can do on “automatic pilot”. However, children with complex physical, sensory or intellectual needs may have great difficulty doing these tasks in their entirety.

When mealtime tasks are broken up into steps (e.g. open yoghurt lid, locate spoon on table, grasp spoon, hold yoghurt container with other hand, place spoon into yoghurt container, scoop yoghurt onto spoon, keep holding spoon, take spoon to mouth, open mouth, place spoon into mouth, close lips, remove spoon … and these are just a few!), it is easy to see how complex the whole task actually is. Meal time programs at Belmore School have been developed following assessment and observation of each child’s skills. The aim of the meal time program is to ensure that each child is given the opportunity to develop these skills to their best ability.

This may mean that a child will work on developing a reliable hold on the spoon for instance or consistently closing his lips around the spoon to remove the food. These skills can add to the development of a degree of independence. This can contribute to a child’s self esteem and confidence.

So, the pieces can come together bit by bit, and with support both at home and school your child has the best chance of developing their meal time skills to the best of his/her potential.

Some handy hints for giving your child opportunities to develop meal time skills at home:
Allocate some time on the weekends to practice mealtimes when you are not rushed
A large clothing protector can help
Make it a time for communication and social interaction with the whole family and give lots of opportunities for choice making and chatting
Get the child involved in preparing part of the meal with lots of tasting along the way
Encourage your child to help with the before and after eating routines too such as getting the cutlery or plate, helping unwrap packages, opening the fridge door, pouring drinks for everyone at the table, putting rubbish away, taking dishes over to the bench.

If you have any questions please speak to your OT or Speech Pathologist about getting specialised equipment at home for your child. Sometimes there are cost effective solutions that can make a significant difference such as a non slip mat which is readily available from the supermarket.

Your OTs: Kelly Dang and Sarah Kidson
(also thanks to Leah Picking and Marie-Claire Ryan)
NOTICE BOARD

Josh Frydenberg MP

Federal Member for Kooyong

invites you to attend the

KOYOYONG DISABILITY FORUM

Hosted by
Josh Frydenberg MP
together with
Senator Mitch Fifield
Shadow Minister for Disabilities, Carers and the Voluntary Sector
and
Mr Bruce Bonyhady AM
Chairman of Yooralla and Deputy Chair of the NDIS Advisory Group

“A discussion about the important issues affecting the disability sector today”

Wednesday 4 July 2012
10am-12noon
The Just Theatre, Kew Court House, 188 High Street, Kew.

To RSVP please contact Maria Benedetti on 9882 3677 or maria.benedetti@aph.gov.au

Josh Frydenberg MP | Federal Member for Kooyong | 695 Burke Road Camberwell Victoria 3124 | www.joshfrydenberg.com.au | 03 9882 3677

27/06/2012
The Dad to Dad Program offers fathers (and other significant male carers) of people with a disability or chronic illness the opportunity to meet other dads to develop the confidence, skills and networks they need to take an active role in the support of their son/daughter.

The focus of Dad to Dad is not on disability or illness; but the strengths and capacity of men and the whole family

**Weekends**

We invite fathers of people with a disability or illness to join a small group of dads on a weekend away. This weekend includes:

- Two night’s accommodation (Friday & Saturday), most meals
- Entry to an activity or event (*eg.* Fishing, rock climbing, music festival or tour)
- Sharing of stories and skill building

**Weekends Away Term 3 2012**

**Friday 10th – Sun 12th August:** Walhalla : Mine Tour

**Friday 24th – Sun 26th August:** Moama : Paint Ball

**Friday 14th – Sun 16th September:** Sandown : V8 Supercars

**Friday 21st – Sun 23rd September:** Queenscliff : Fishing

If you have any queries in regards to Dad to Dad weekends or would like to register for a weekend please do not hesitate in contacting me or our Program Coordinator John Page on the above numbers.

Kind Regards

Kylie Cleever
Administration Assistant
Dad to Dad
FREE INFORMATION SESSION

“CP Brokerage Program”
“Creating opportunities for the lifestyle you want”

Thursday 26th July 2012
Collingwood Library
11 Station St Abbotsford

THE CPSN IS LAUNCHING THE NEW IMPROVED
“CEREBRAL PALSY BROKERAGE PROGRAM”

Giving individuals with CP the freedom to control and coordinate their own supports by empowering them to select, recruit and manage a CARER OF THEIR CHOICE.

Don’t miss this opportunity to find out how you or the person you support can use this flexible, innovative, value for money program to meet your care needs.

This information session is aimed at:
- individuals with CP and their family,
- current CP Brokerage Program users,
- case managers and facilitators.

Vicki Cavalieros, CPSN Manager will be presenting the night and there will be plenty of opportunity for questions and sharing of information.

Light Refreshments provided.

3 Ethel Street Thornbury VIC 3071
toll free phone 1300 277 600 (1300 CPSN 00)
email cpsn@cpsn.info  www.cpsn.info

find us on  facebook  twitter
Swim 4 All provides private and group swimming classes to all swimmers specialising in teaching children with Disabilities and Special Needs.

Swim 4 All teachers are Austswim qualified and disability trained.

We look forward to meeting your swimmer and working with them to reach their potential.

HAMPTON EAST POOL
Saturday 21st JULY
From 12.30 PM

MURRUMBEENA POOL
Sunday 22nd JULY
From 3.00 PM

PLEASE BOOK IN:
natalie@swim4all.com.au
Ph: 0411 131 641
www.swim4all.com.au
sweet as?

The environmental crisis that no-one saw coming: a world without sugar ...

July 27 - August 4 2012

Renaissance Theatre
826 High Street, East Kew

Bookings 0418 226 151 or online
www.camberwellshowtime.com
LAST MINUTE NEWS

Announcing changes within the Yooralla Therapy Team.

We would like to let you know that Vivienne Kostoglou will return to her position as Manager School Therapy Services in July 2012. Welcome back Viv - we have all missed you over the past 12 months.

Viv’s return means that Cassie Kenyon returns to her role as Speech Pathologist at Belmore School. She will be working in Rooms 2, 4 and 8 from the start of Term 3. Unfortunately, this means that Yvonne’s contract at Belmore will finish at the end of Term 2. Yvonne has been a valued team member and will be sadly missed. We wish Yvonne all the best in the future.

Finally Kelly Dang, OT, has decided to resign from her position at Belmore School to spend the next few months travelling. Kelly has also been a great team member and will be missed by all. All the best Kelly. The OT position has been advertised and recruitment is underway.

National Disability Insurance Scheme:

CPSN strongly endorses this scheme. Much information about the proposed NDIS can be found by visiting www.spsn.info or by emailing cpsn@cpsn.info

Woolworths Earn & Learn + Coles Sports for Schools

Yes Belmore School is participating in both of these school benefiting programs. We are collecting tickets and sticker cards at the office. If you would like additional blank sticker cards they are available from the office.

If you let your family and friends know that any unwanted stickers/ would be appreciated and keep your ears peeled at the registers for anyone who is not collecting.

Your support is valued greatly.