Family night
Thanks to all the parents, and family members who attended our bush dance and BBQ last night. Some of our parents have hidden dance talents! I’m glad we had an inside venue, the rain started just as we were finishing!

Thanks to all the staff who helped on the night. Thanks especially to the staff who minded children until their families arrived. Thanks to the face painters, the badge makers, the photographers, the BBQers, the paddle pop suppliers and the enthusiastic dancers. Sam did a great job organising the hall, scarves and decorations.

School Council
I would like to congratulate Helen Tossell and Kelly Lloyd on their election to School Council. On Thursday evening, we have our Annual Reporting Meeting. Our wonderful School Council President, Lisa Evans has announced her resignation from Council. Lisa has been an energetic advocate for Belmore School and for students with disabilities and their parents. She has represented the school on numerous occasions, and made some articulate speeches. On a personal note, I am very sorry to lose Lisa from School Council. I have valued her support, but I know Lisa is very busy. I would like to lead the school community’s acknowledgement of Lisa’s valuable contribution to our school.

Joan Anson

If you would like to join the email list to receive this Newsletter electronically, please contact your classroom teacher.
WHAT IS HAPPENING?

Concerts for 2012
at Belmore School

Wednesday 28 March.
African Drumming
10:00 a.m.
African Drumming is fantastic for promoting listening skills and interaction. It stimulates coordination and creativity ... encourages improvisation, concentration and relaxation.

Friday 25 May, 10:30 a.m.
Paul Jamieson
Paul Jamieson, the Music man’s songs are fun
For kids and more often laced with contagious
rhythms that have everyone ‘grooving’. Reggae, rap, calypso and pop.

Week 3-date to be confirmed
Taiko Drums and Flutes
This highly energetic, visually exciting and entertaining Japanese
music performance incorporates performance and audience
participation to give students a greater understanding of Japan,
both culturally and historically.

Tuesday 9 October, 10:00
Zimboy
The ZimboyZ amaze audiences with a show that defies the
laws of gravity, goes above physical possibilities and inspires even the
most imaginative of minds. Routines include hoop diving, human pyramids,
chair balancing, fire hoops, dance and amazing tumblings.
Parent Support Network

We begin the 2012 timetable on Thursday 22nd March, 12.30—2.30pm
Come and join us for lunch (& maybe a massage!)
Topic: Back Care

Invitation to parents of the 15+ to 18+ students
Futures for Young Adults Program (FFYA)

Information night
March 14 (Wednesday), 2012
7.00-8.30pm at Belmore School

The representatives from the Department of Human Services (Eastern Metropolitan region) will present the process of the program and organise the registration for the 18+ students who will leave school at the end of 2012.

An invitation letter and further information will be sent home to families at a later date.

Rose Ngai, FFYA coordinator
Balwyn Cerebral Palsy Support Group

Do you have a son or daughter with Cerebral Palsy?

As a parent you have normal stresses and the unique challenges of Cerebral Palsy

Want to know more?

During the month of March the CPSN will be presenting information on

“How to take care of yourself and safely transfer and move your child

Caring for your child can involve a great deal of physical activity and this session will cover the correct ways to carry these out and how to care for yourself

Come along learn new techniques and share your experiences with other families

Thursday March 22nd, 2011

There will also be a presentation by Belmore School on their Signpost Program

The session is from 12.30pm to 2.30pm
Belmore School, Stroud St, Balwyn

Please RSVP by calling 03 9445 7488 or by emailing cpsn@cpsn.info

ALL WELCOME!
Yooralla and the Parent Support Network invite parents and carers of children with a disability to attend....... 

YOGA

WHEN: Tuesday mornings (during school terms)
WHERE: Mooroolbark Community Centre (Red Room)
125 Brice Ave, Mooroolbark. (Mel Ref: 37 G12)
TIME: 9:30am – 11:30am
Commences 6th March 2012

Yoga is free of charge with limited spaces being available. Call Lyra (at Yooralla) to book your spot, Ph: 9831-5600

“Yoga is a form of exercise that uses slow movement and stretching. It is good for increasing flexibility and balance. It is also good for relieving stress and relaxing. Yoga has been used as a meditation technique for hundreds of years”.

All classes will be taught by a qualified and experienced yoga teacher who will guide you through the program.
NOTICE BOARD

Come Along and Have Some Fun!

Dance Family 2012

Are you looking for a new and exciting activity where the whole family can join in? Then Dance Family might be the program for you!

Come along and share an enjoyable social morning where you can choose how you want to participate.

Every Sunday we get together and have fun using a mix of creative movement and dance, drama, music, art and the talents of everyone involved. Our dance teacher Heather, along with volunteer helpers, encourages us to learn from each other and be confident in using our own imagination.

Mums and Dads are supported to either join the group with the kids, chat with others over coffee or have time out for their own activities.

The group meets each Sunday during school term from 10:30am to 12:00 at Bayswater Community Youth Centre, cnr Station St & Pine Rd Bayswater.

This program is suitable for children 6 years and above with any disability.

Cost will be $10 per family for each session.

If you are interested in being a part of this popular group and would like more information please contact

Rosie Dyson on 9758 7991 or illeura@knox.vic.gov.au OR
Jenny Salgo on 9259 4312 or psn-emr@bigpond.net.au

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ERLS

7/03/2012
From the Nurses Office

Flu Vaccinations and Immunisation forms have been sent home.
If you have not already returned yours please do so promptly.
Please ensure your child’s Immunisation status is current and update us of any changes.
Thanks Ali.

Monday 26th March is PURPLE DAY to support epilepsy awareness world wide. Students and staff are requested to wear purple and bring a gold coin donation on this day.